

[illegible]

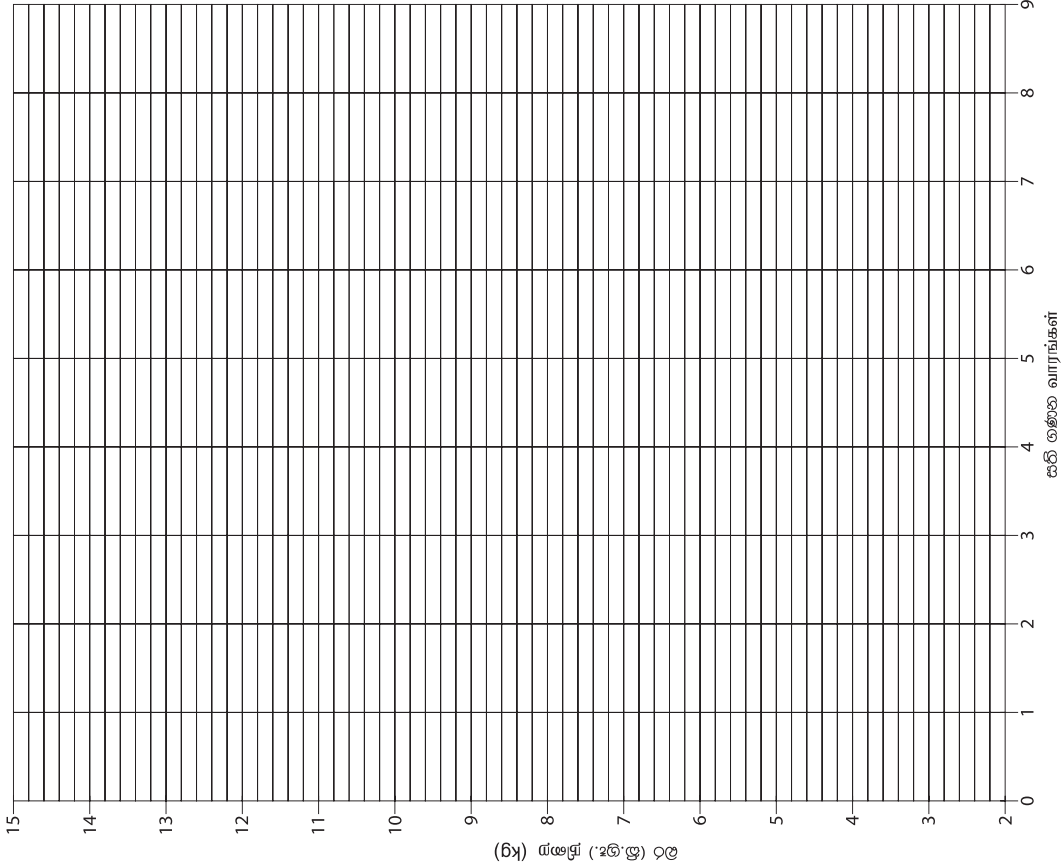
Anthropometry and RUTF treatment for out patients									
Week	0	1	2	3	4	5	6	7	8
Weight (kg)									
Length/Height (cm)									
No. of RUTF packets issued									
Amount of RUTF consumed									
Comments									

Weight gain record chart

Desired weight at discharge (-3SD) (kg):

Actual weight at discharge (kg):

Length / height on discharge (cm):



How to record in Weight gain record chart

Weigh and measure the length/height at the beginning of treatment. Using weight for length/height chart in CHDR determine specific weight at -3SD based on the starting length/height of the child. Then mark -3SD level with a horizontal line on the weight gain record chart given here.

Plot the child's weight weekly/biweekly during treatment period. Plot starting weight at 0 and the weight measurements thereafter at each evaluation point. Connect the points to see the progress. When the target weight (-3SD) is reached, check the child's weight for length/height chart (as by now child may have gained in length/height) to reassess the growth status to assess whether child can exit the therapeutic feeding programme. If the child has gained in length/height the new -3SD level needs to be marked by a horizontal line on the weight gain record chart and treatment should continue till the new line is reached.