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 சுகாதார அமைச்சு
 சுகாதார அமைச்சு
 Ministry of Health

மலர் எண்)
 எனது இல) FHB/FB/01/2013
 My No.)
 உமது இல)
 Your No.)
 தேதி) 23.08.2013
 திகதி) 16.08.2013

All Provincial Directors of Health Services,
 Regional Directors of Health Services,
 Heads of Institutions.

FAMILY PLANNING SERVICES IN CURATIVE INSTITUTIONS

Family planning services have made a significant contribution towards the impressive health indicators of Sri Lanka. Whilst further improvement of the health status requires strengthening of family planning services, any setback of service provision will have an adverse impact on even the existing achievements.

However, it has been highlighted at review meetings that there is a decline in family planning services due to unavailability of regular family planning clinics in curative institutions. Also, in some secondary and tertiary care institutions female sterilization services are not adequately provided.

In order to revamp & strengthen the family planning programme, the support of all curative institutions is essential. Therefore, kindly ensure that the following instructions are carried out in this regard:

1. Ensure that family planning clinics are conducted daily in specialized institutions manned by Consultant Obstetricians & Gynaecologists, and weekly in other institutions.
2. A family planning clinic should provide at least 4 methods such as Pills, DMPA injectables, IUDs and Condoms to clients.

3. In Institutions with Consultant Obstetricians & Gynaecologists, female sterilization services should be provided at least 4 hours per week, to eligible clients.

Provincial Directors of Health Services, Regional Directors of Health Services, and Heads of Institutions are requested to ensure that the above instructions are carried out in their respective areas/institutions.

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Director General of Health Services

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7. Director/Maternal and Child Health
8. Director/ Tertiary Care
9. Director/ National Institute of Health Sciences
10. Chief Medical Officer of Health, Colombo Municipal Council
11. President/ Sri Lanka College of Obstetricians & Gynecologists
12. Consultant Community Physicians/ Provincial
13. Medical Officers/ Maternal & Child Health