

General Circular No: 01-05/2010

My No.FHB/FB/01/2010
Ministry of Healthcare and Nutrition,
'Suwasiripaya'
Colombo 10.
2010.02.16

All Provincial Directors of Health Services,
Regional Directors of Health Services,
Heads of Institutions,

FAMILY PLANNING SERVICES IN CURATIVE INSTITUTIONS

Sri Lanka has achieved a satisfactory level of healthcare in relation to maternal, child health (MCH) and family planning (FP) services. However, it has been highlighted at review meetings that there is a decline in Family Planning services due to unavailability of regular *family planning clinics* in curative institutions. Also, in some secondary and tertiary care institutions female sterilization services are not adequately provided.

In order to revamp & strengthen the family planning programme, the support of all curative institutions is essential. Therefore, kindly ensure that the following instructions are carried out in this regard:

1. *Conducting a Family planning clinic*

- a. Ensure that family planning clinics are held *regularly*.
- b. A family planning clinic should provide at least 4 methods such as Pills, DMPA injectables, IUDs and Condoms to clients.
- c. Clients should be counseled on all available methods and specifically on the method of their choice.
- d. The "*Clinic Attendance Register*" (H 517) and "*Clinic Summary*" (H 518) should be properly maintained.
- e. The "*Family Planning Monthly Return on New Acceptors-A Form*" (H1200A) should be sent to the respective MOH of the area from all institutions.
- f. The "*Quarterly MCH Clinic Return*" (RH-MIS 527) should be sent to the respective MOH of the area from all institutions other than Base Hospitals & Tertiary Care Hospitals.

2. Carrying out Female sterilizations

- a. In Institutions with Consultant Obstetricians & Gynaecologists regular female sterilization sessions should be carried out for eligible clients (see General Circular No. 1586 dated 17.08.1988).
- b. High risk mothers should be given priority for post partum sterilizations.
- c. Prior to sterilization, clients should be counseled & written consent (Form-Health 1198) obtained. Payments to clients and service providers should be according to General Circular No. 01-09/2007 dated 3.04.2007.
- d. Ensure that the "*Family Planning Monthly Return on New Acceptors-A Form*" (H 1200A) is sent to the MOH of the area.

Provincial, Regional Directors of Health Services and MOOMCH are kindly requested to look into these matters during their inspections and ensure that the above instructions are carried out.

Sgd Director General of Health Services

Copies to:

1. Secretary, Ministry of Healthcare & Nutrition
2. Additional Secretary, Ministry of Healthcare & Nutrition (Medical services)
3. Chief Accountant/ Ministry of Healthcare & Nutrition
4. Deputy Director General , Public Health Services I
5. Deputy Director General , Public Health Services II
6. Deputy Director General ,Medical Services
7. Deputy Director General , Planning
8. Deputy Director General ,Finance
9. Director, Tertiary Care
10. Consultant Community Physician /Provincial
11. Director, National Institute of Health Sciences
12. Medical Officer, Maternal & Child Health
13. Chief Medical Officer of Health, Colombo Municipal Council
14. President, Sri Lanka College of Obstetricians & Gynecologists