

දුරකථන) 011 2669192, 011 2675011
தொலைபேசி) 011 2698507, 011 2694033
Telephone) 011 2675449, 011 2675280

ෆැක්ස්) 011 2693866
பெக்ஸ்) 011 2693869
Fax) 011 2692913

විද්‍යුත් තැපෑල) postmaster@health.gov.lk
மின்னஞ்சல் முகவரி)
e-mail)

වෙබ් අඩවිය) www.health.gov.lk
இணையத்தளம்)



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சுவசிரிபாய
SUWASIRIPAYA

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சுகாதார அமைச்சு
Ministry of Health

මගේ අංකය *
எனது இல * FHB/MCU/COVID/2021
My No. -

ඔබේ අංකය *
உமது இல -
Your No. : *

දිනය *
திகதி - 30 /09/2021
Date *

All Provincial Directors of Health Services

All Regional Directors of Health Services

All Heads of Health Institutions

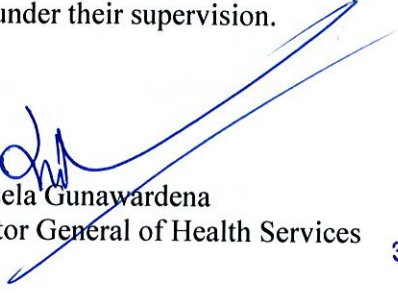
Guidelines for Management of Pregnant and Postpartum COVID-19 Patients

This is further to my letter no. DGHS/COVID-19/347/2021 dated 04/08/2021 on Home-Based Management of asymptomatic & mild symptomatic COVID-19 patients and letter no. FHB/MCU/COVID/2021 dated 23/08/2021 on the above.

Since the number of COVID-19 pregnant patients under hospital care has decreased and considering the higher risk posed by pregnancy for COVID complications, it is recommended that all pregnant COVID-19 patients be provided inward care, at Level 2 or Level 3 hospitals under the supervision of a Consultant Obstetrician.

A COVID-19 positive mother following delivery can be directed for home-based isolation and management as decided by the treating clinicians, if they do not have medical or obstetric complications. When screening postpartum mothers for Home-Based Care, in addition to the conditions in Annexure 2 of the above mentioned letter dated 04/08/2021, postnatal danger signals i.e. fever, increasing vaginal bleeding, severe headache, faintishness, chest/abdominal pain, calf pain, foul smelling vaginal discharge, severe pain in the vagina, severe mental distress, impaired vision, fits or any other severe discomfort, too should be considered.

All Provincial Directors of Health Services, Regional Directors of Health Services and heads of healthcare institutions should communicate the above instructions to relevant categories of health staff under their supervision.


Dr Asela Gunawardena
Director General of Health Services

Dr. ASELA GUNAWARDENA
Director General of Health Services
Ministry of Health
"Suwasiripaya"
385, Rev. Baddegama Wimalawansa Thero Mawatha,
Colombo 10.

Cc.
Secretary of Health
DDG MS I & II, DDG PHS I & II
Director – MCH, TCS, MS, MT&S
President SLCOG
Provincial/ District Consultant Community Physicians
MOO.MCH
Medical Officers of Health