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சுகாதார அமைச்சு
Ministry of Health

මගේ අංකය) FHB/MCU/COVID/2022
எனது இல)
My No.)

ඔබේ අංකය)
உமது இல)
Your No. :)

දිනය)
திகதி)
Date) 5 /02/2022

All Provincial Directors of Health Services,
All Regional Directors of Health Services,
All Heads of Institutions.

Guidelines for Management of Pregnant and Postpartum COVID-19 Patients

This is further to my previous letter no.s DGHS/COVID-19/347/2021 dated 04/08/2021 and FHB/MCU/COVID/2021 dated 23/08/2021 and 30/08/2021 on the above.

Since the epidemiology and characteristics of the COVID-19 infection has now changed, the provisions in the above communications are hereby revised as follows:

COVID-19 positive asymptomatic pregnant women -

1. All pregnant women diagnosed as COVID-19 positive should be admitted to a Level 2 or Level 3 hospital for assessment, irrespective of the presence or absence of symptoms or signs. Level 2 and Level 3 hospitals identified at district level for admission of COVID-19 infected pregnant women, should be well prepared for this purpose.
2. All COVID positive pregnant women should be seen by a Consultant Obstetrician and Gynaecologist and a Consultant Physician, and the management plan decided on.
3. COVID positive pregnant women without obstetric or medical complications and who remain asymptomatic for 48 hours can be referred for home based care, based on the recommendation of the clinical team.
4. Medical Officer of Health of the area where the pregnant woman would be receiving home based care and the 'Patient Home Isolation and Management plan' should be informed about the patient by the hospital staff. Heads of Institutions should make appropriate arrangements for such communication.
5. The Medical Officer of Health of the area where the pregnant woman would be receiving home based care should inform the area Public Health Midwife to contact the pregnant woman daily for five days and check for development of COVID signs or symptoms or pregnancy related danger signals.
6. If the pregnant woman develops any COVID symptom or sign or pregnancy related danger signal, she should be sent to the nearest Level 2 or Level 3 facility for further management, without delay.

COVID-19 positive symptomatic pregnant women -

1. All COVID-19 positive symptomatic pregnant women should be managed at a Level 2 or Level 3 hospital with the involvement of multi-disciplinary team.
2. Such pregnant women can be released from hospital after seven days of diagnosis, if they remain asymptomatic for 48 hours and without other medical or obstetric complications.

COVID-19 positive postpartum women -

1. Medical Officers of Health should decide on the admission of COVID-19 positive postpartum women based on the criteria laid down in my letter no. DGHS/COVID-19/347/2021 dated 04/08/2021.
2. Responsibility of the care of postpartum women eligible for home based care should be handed over to the Call Centre and the Medical Care Team through 'Patient Home Isolation and Management System'.
3. Those who are admitted to a hospital can be discharged after seven days of diagnosis or if they remain asymptomatic for 48 hours and without other medical or obstetric complications, on the recommendation of the clinical team.

Please communicate the above instructions to all relevant staff under your supervision.

Thank you,


Dr. Asela Gunawardena
Director General of Health Services

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President SLCOG
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MOO.MCH
Medical Officers of Health