

දුරකථන) 2698471
දුරකථන) 2698475
Telephone) 2698490
2698507

ෆැක්ස්)
ෆැක්ස්) 2693866
Fax)

විද්‍යුත් තැපෑල)
විද්‍යුත් තැපෑල) postmaster@health.gov.lk
E-mail) www.health.gov.lk



සුවසිරිපාය
சுவசிரிபாய

SUWASIRIPAYA

මගේ අංකය)
எனது இல) FHB/a4/03 - 2008
My No.)

ඔබේ අංකය)
உமது இல)
Your No.)

දිනය)
திகதி) 03 - 11 - 2008
Date)

සෞඛ්‍ය ආරක්ෂණ හා පෝෂණ අමාත්‍යාංශය
சுகாதார பராமரிப்பு மற்றும் போஷணை அமைச்சு
Ministry of Healthcare & Nutrition

Circular Letter No : 01 - 36 / 2008

03.11.2008

To all Provincial Directors of Health Services
Regional Directors of Health Services
Medical Officers of Maternal & Child Health
Medical Officers of Health

**SCHOOL HEALTH PROMOTION PROGRAMME: EXTENSION OF
SCREENING SERVICES TO SCHOOL STAFF**

Health promoting school programme has been implemented since 2007 through Ministry of Health in collaboration with the Ministry of Education. As a component of this total package, Ministry of Health in collaboration with Family Health Bureau, provincial health and education officials decided to expand school health services to school staff. In this regard, a decision was made to conduct screening clinics in schools targeting the school teachers. It is the responsibility of Medical Officer of Health and the team to conduct these clinics in identified school settings.

The health staff conducting these clinics should adhere to the following guidelines:

1. The screening services should be offered to school teachers as a mobile clinic conducted in schools. If the facilities are not available they may be referred to the closest well woman clinic.
2. Teachers should be screened for following conditions;
(a) Detection of Hypertension
(b) Diabetes mellitus
(c) Screening for nutritional problems (BMI, anaemia, goitre etc)
3. The female school teachers aged 35 – 60 years should be subjected to breast examination for detection of breast abnormalities and Pap smear testing (after obtaining their consent)

4. All school children should be screened for visual problems, for this assistance of senior students or teachers could be obtained. Students with visual problems could be helped by Vision 2020 project of Ministry of Health
5. All school children from grade 6 onwards should be supplemented with iron folate annually (one tablet weekly for 6 months)

Please ensure that Medical Officers of Health and their teams are adhered to the above guidelines, in-order to strengthen the early detection and prevention of NCD among occupational groups.

As a pilot project all MOOH are requested to conduct one screening clinic in a selected school during this month. The date and the venue of this clinic should be informed to Director /MCH (fax: 2690790, 2692743) as we are interested to monitor and evaluate this pilot project activity. FHB will undertake the examination of pap smears of this special programme if it cannot be handled within the routine system.

Your kind co-operation to make this programme a success is highly appreciated.



Dr. Ajith Mendis
Director General of Health Services
Ministry of Healthcare & Nutrition

Cc : DDG/PHS
Director / NCCP
President /SLCOG
President Sri Lanka College of Pathologists
Director / NIHS
Director / HEB